



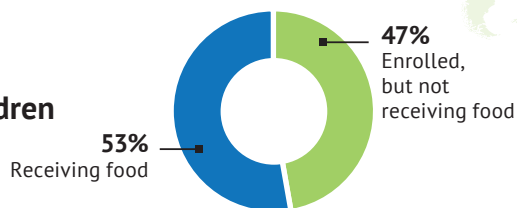
FEDERATION OF

Saint Kitts and Nevis

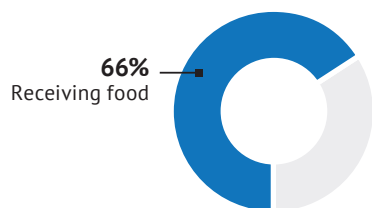


School Meal Coverage (2022-2023)

All Primary and Secondary School-age Children



Only Enrolled Primary Students



School Level	Total	# Enrolled	# Receiving Food
Preschool	1,217	1,305	0
Primary School	4,393	5,491	3,622
Secondary School	3,259	3,913	455
TOTAL	8,869	10,709	4,077



National Laws, Policies, and Standards

- National school feeding policy
- Nutrition
- Health
- Food safety
- Smallholder farms
- Agriculture (apart from smallholders)
- Climate/environment policy
- Private sector involvement

The country had ...

- Inter-sectoral coordination committee for school feeding
- National system for monitoring school feeding

Budget

- Total: **Unknown**
- Government: Unknown
 - International donors: 0
 - Private sector: 0
 - NGOs (domestic): 0
 - Other donors: 0

The government share of the budget for school meals was 100% in Saint Kitts and 60% in Nevis. The government budget for the Nevis School Meal Program was USD 74,041, while the budget for the Saint Kitts School Feeding Program is not known.

- Line item in the national budget for school feeding

School Foods and Beverages

- Whole grains
- Refined/milled grains
- Blended grain-based products
- Legumes
- Nuts and seeds
- Eggs
- Dairy
- Poultry and game meat
- Red meat
- Processed meat
- Fish and shellfish
- Deep orange vegetables and tubers
- White roots and tubers
- Fruits
- Dark green leafy vegetables
- Cruciferous vegetables
- Other vegetables
- Deep-fried foods
- Sweets

- Liquid oils
- Semi-solid and solid fats
- Salt
- Dairy milk
- Yogurt drink
- 100% fruit juice
- Other fruit drink
- Tea
- Other sugar-sweetened beverages

Prohibited food items

None

Food Sources

- Purchased (domestic)
- Purchased (foreign)
- In-kind (domestic)
- In-kind (foreign)

Special Notes: Enrollment and population numbers from the UNESCO Institute of Statistics (UIS) were used to complete this report. A detailed program-level survey was submitted only for the Nevis School Meal Program. Thus, while the numbers of children fed in the country is inclusive of both Saint Kitts and Nevis, other parts of this report reflect only the school feeding activities in Nevis.

Nutrition

School feeding program(s) include/involve the following

- Fortified foods**
- Bio-fortified foods
- Micronutrient supplements
- Nutritionists involved
- Special training for cooks/caterers in nutrition
- Objective to meet nutritional goals**
- Objective to reduce obesity

Limitations on food and beverage marketing...

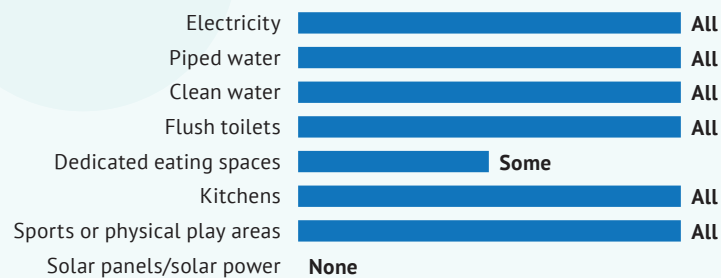
- On school grounds
- To school age children

Additional Information

The Nevis School Meal Program served locally made fruit juice, along with pasta that was fortified with iron. The amount of salt served in school meals was restricted, and some foods served in schools were packaged/processed. To prevent or mitigate child overweight/obesity, the program included food and nutrition education, along with physical education.

Infrastructure, Employment, and Complementary Features

Share of Schools with ...



Employment

Total number of cooks/caterers: **At least 14 cooks in Nevis.**

- At least 100% paid
- 50-75% women

There was a focus on creating job opportunities for...

- Women
- Youth
- Other Groups

Complementary Activities

- Handwashing with soap**
- Height measurement
- Weight measurement
- Testing for anemia
- Deworming treatment
- Eye testing/eyeglasses
- Hearing testing/treatment
- Dental cleaning/testing
- Menstrual hygiene
- Drinking water**
- Water purification
- School gardens**

Complementary Education Programs

- Food and nutrition**
- Agriculture**
- Environment/climate/sustainability
- Hygiene**
- Health
- Reproductive health
- HIV prevention
- Physical education
- Mental health

Additional Information

Small-scale farmers supplied the Nevis School Meal Program with eggs and vegetables, while the nonfarm private sector was not engaged with the program.

Environmental Sustainability

Targeted climate-friendly foods

- Yes No

Steps taken to limit food waste

- Sealed food storage
- Fumigation/pest control in storage area
- Use of hermetic bags or larger hermetic storage system
- Routine testing/monitoring of dry food storage
- Use of nearly-expired food
- Use of usable but “imperfect” commodities or produce
- Campaign to reduce how much food students throw away

Steps taken to limit package waste

- Re-use of bags/containers
- Recycling
- Use of compostable materials
- Use of “bulk serve” containers
- Prohibiting specific types of packaging

Additional Information

The Nevis School Meal Program included school gardens, which were used to produce food for students and also food for sale. While efforts were not made to reduce the distance between sites of food production and the schools, it should be noted that the physical size of the country is rather small.

Emergencies

Experienced disruptions to school feeding due to emergencies

- Yes No No response

Strategies to address the impact of emergencies

- Seek alternative food sources or suppliers
- Changes in numbers of students fed
- Negotiate better prices with existing suppliers
- Establish alternative supply routes or transportation methods
- Source different or alternative food
- Release of food reserves
- Increase funding or budget allocation for school feeding
- Collaborate with local producers or suppliers to reduce dependence on global supply chains
- Changes in delivery method
- Changes in feeding modality
- Changes in feeding frequency
- No particular strategy was used

Additional Information

For the 2022 school year, the Nevis School Meal Program did not have a plan in place to mitigate the impact of emergencies, and the program experienced an increase in the cost animal-sourced protein.

Successes and Challenges

Successes

The Nevis School Meal Program achieved its targets for feeding frequency, ration size, number of schools receiving food, and number of school levels reached. It was judged to have “mostly achieved” its targets for the number of students receiving food and the level of food basket diversity.

Challenges

None reported.

Nevis School Meals Program

Management

- Lead implementer(s): Ministry of Education
- The national government managed the program (Centralized decision-making).
- National government procured the food

How Many Students Received Food

School Level	# of Students	% Girls	% Boys
Preschool	0	–	–
Primary School	810	–	–
Secondary School	0	–	–
TOTAL	810	–	–

Foods and Beverages

- ✓ Whole grains
- ✓ Refined/milled grains
- ✓ Blended grain-based products
- ✓ Legumes
- ✓ Nuts and seeds
- ✓ Eggs
- ✓ Dairy
- ✓ Poultry and game meat
- ✓ Red meat
- ✓ Processed meat
- ✓ Fish and shellfish
- ✓ Deep orange vegetables and tubers
- ✓ White roots and tubers
- ✓ Fruits
- ✓ Dark green leafy vegetables
- ✓ Cruciferous vegetables
- ✓ Other vegetables
- ✓ Salt
- ✓ 100% fruit juice

Elements of Home-Grown School Feeding

- Objective for small-scale farmers to benefit from access to a stable market
- ✓ Local food sourcing
- ✓ Small-scale farmers involved by selling directly (or through their farmer organization) to the program or the schools
- Additional support provided to small-scale farmers
- Country had a law/policy/standard related to small-scale farmers and school feeding programs
- Preferential treatment for small-scale farmers/small farmer organizations/small companies in tendering procedures
- Effort is made to reduce food miles

Objectives

- To meet nutritional and/or health goals

Modalities of Providing Students With Food

- In-school meals

Frequency and Duration

- 5 times per week
- During the school year

Targeting

- By school type (public schools)

Food Sources

60% Purchased (domestic)
0% Purchased (foreign)

40% In-kind (domestic)
0% In-kind (foreign)

Additional Information

A typical school kitchen in the Nevis School Meal Program was equipped with piped water, secured storage, electricity, refrigeration, gas stove(s), and serving utensils. Students' families made mandatory in-kind contributions to the program.

The Global Survey of School Meal Programs® collects data from government sources and is funded, in part, by the United States Department of Agriculture. Contact info@gcnf.org for more information.

Citation: Global Child Nutrition Foundation (GCNF). 2024. Global Survey of School Meal Programs Country Report, Saint Kitts and Nevis. <https://gcnf.org/country-reports/>