# SCHOOL MEAL/FEEDING PROGRAM(S)

#### School year: 2020

- Additional School Meal Programme
- Boarding School Meal Programme
- Pre-School Meal Programme

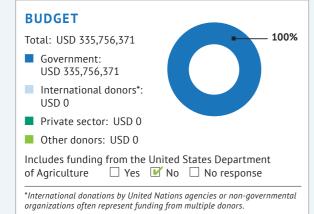
Lead Agency: Ministry of Education

## NATIONAL LAWS, POLICIES, AND STANDARDS

- Vational school feeding policy
- **Mutrition**
- **Food safety**
- 🗹 Health
- □ Agriculture
- Private sector involvement

# Line item in the national budget...

✓ Yes □ No □ No response



#### **INFRASTRUCTURE**

Most schools in Malaysia have electricity, piped and clean water, flush toilets, dedicated eating spaces/cafeterias, and kitchens. The school kitchens are typically equipped with storage facilities, refrigeration, and gas stoves.

# **SPECIAL NOTES**

None



2 2 2	Breakfast Lunch Dinner	<ul> <li>Snacks</li> <li>Take-home rations</li> <li>Other</li> </ul>
	Grains, cereals Roots, tubers Legumes, pulses, nuts Dairy products Eggs Meat Poultry Fish	<ul> <li>Green, leafy vegetables</li> <li>Other vegetables</li> <li>Fruits</li> <li>Oil</li> <li>Salt</li> <li>Sugar</li> </ul>
	<b>Dairy milk</b> Yogurt drink	<ul> <li>Tea</li> <li>Water</li> </ul>

**Prohibited food items:** Processed foods, foods high in sugar, and unhealthy snacks

0ther

## **FOOD SOURCES**

**Fruit iuice** 

- Purchased (domestic)Purchased (foreign)
- In-kind (domestic)In-kind (foreign)

# COMPLEMENTARY ACTIVITIES

- V Handwashing with soap Hearing testing/treatment V Height measurement Dental cleaning/testing V Weight measurement Menstrual hygiene Testing for anemia V **Drinking water** Deworming treatment □ Water purification **Eve testing/eveglasses**

# COMPLEMENTARY EDUCATION PROGRAMS

Health

**Reproductive health** 

□ HIV prevention

- **Food and nutrition**
- Magriculture
- School gardens
- Physical education





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GCNF is a non-political, non-profit entity. Funding for the 2019 and 2021 surveys is provided, in part, by the United States Department of Agriculture; agreement number FX18TA-10960G002.

# Malaysia

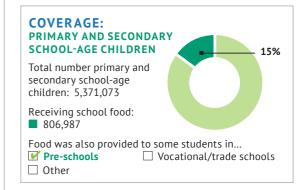


# SCHOOL MEAL PROGRAMS

## **CHILDREN RECEIVING FOOD, 2020**

School level	Total	# Enrolled	# Receiving food
Pre-school	1,538,024	984,690	215,641
Primary school	3,006,685	2,953,324	473,679
Secondary school	2,364,388	2,183,920	333,308
Total	6,909,097	6,121,934	1,022,628





# NUTRITION

School feeding program(s) included/involved the following:

- □ Fortified foods
- □ Bio-fortified foods
- □ Micronutrient supplements
- Vutritionists involved
- **V** Special training for cooks/caterers in nutrition
- **V** Objective to meet nutritional goals
- Objective to reduce obesity

**Food items fortified/biofortified:** Not applicable

#### Micronutrients:

Not applicable

## **ADDITIONAL INFORMATION**

Packaged, processed foods are generally not served in school feeding programs in Malaysia. In the Additional School Meal Programme, there are nutritionists working in every district, and efforts to prevent or mitigate overweight/obesity include food and nutrition education, health education, and physical education in schools.

# **STUDIES CONDUCTED**

Additional School Meal Program Effectiveness Study (2016, authored by the Educational Policy Planning and Research Division, Ministry of Education Malaysia)

#### **RESEARCH NEEDED**

None specified

# AGRICULTURE, EMPLOYMENT, AND COMMUNITY PARTICIPATION

#### Jobs created by school feeding programs\*

23,950 Cooks and food preparers Transporters Off-site processors Food packagers and handlers Monitoring Food service management Safety and quality inspectors Other

\*If blank, no response was provided.

Farmers were involved with the school feeding program(s)...

🗌 Yes 🕑 No 🗌 No response

Other private sector (for profit) actors were involved...

🗹 Yes 🗌 No 🗌 No response

There was a focus on creating jobs or leadership or incomegenerating opportunities for...

Women	Other groups
🗹 Youth	No response

There was community engagement (by parents or others) in the school feeding program(s)...

✓ Yes □ No □ No response

# Were there links between food banks and the school feeding program(s)?

## **ADDITIONAL INFORMATION**

In the Boarding School Meal Programme, students' families pay an amount for school meals that is based on the parents' salary scale. Applications for employment in the programs are open to Malaysian Certificate of Education (SPM) school leavers through the Education Services Commission (SPP).

### **CONTACTS: MALAYSIA**

**Agency:** Ministry of Education **Website:** www.moe.gov.my

# SUCCESSES AND CHALLENGES

Recent successes related to school feeding in Malaysia include improvements in food quality when the school feeding budget was increased, a transition toward prioritizing to nutrition safety when preparing school meals, and the development of a blueprint for implementing school feeding universally. Challenges related to school feeding in Malaysia include the need to transition students towards healthier eating habits and a need to improve food quality even while costs of ingredients/ raw materials have increased. The risk of mismanagement/ corruption in school feeding programs is limited through continuous monitoring of the programs and a well-organized operational management system.

## **EMERGENCIES/COVID-19 PANDEMIC**

Schools in Malaysia were closed but operating remotely for several months during the 2020 school year. In response to the COVID-19 crisis, the amount of funding and the number of students increased in 2020 in the Additional School Meal Programme. The crisis prompted a change in venue (location) of distributing/receiving food. Specifically, students now eat their meals in the classroom instead of the school canteen, and students are served packed foods according to the Standard Operating Procedures (SOP) set during the pandemic. The COVID-19 crisis has resulted in a greater emphasis on hygiene and cleanliness in schools. In 2020, Malaysia was also affected by natural disasters.



# ADDITIONAL SCHOOL MEAL PROGRAMME

Lead implementer(s): Ministry of Education, Ministry of Health

#### **OBJECTIVES:**

- To meet educational goals
- To provide a social safety net
- To meet nutritional and/or health goals

#### **MODALITIES OF PROVIDING STUDENTS WITH FOOD:**

In-school meals

#### **FREQUENCY AND DURATION:**

5 times per week during the school year

#### **TARGETING:**

Targeted towards children from low income households, children with special needs, and Indigenous children.

# HOW MANY STUDENTS RECEIVED SCHOOL FOOD IN 2020 SCHOOL YEAR?

School level	# Students	% Girls	% Boys
Pre-school	0	-	-
Primary school	473,679	—	-
Secondary school	0	-	-
Total	473,679	-	-

#### FOOD AND BEVERAGE ITEMS:

Grains, cereals	Green, leafy vegetab	les Sugar
Dairy products	Other vegetables	Dairy milk
Eggs	Fruits	Fruit Juice
Meat	Oil	Water
Fish	Salt	
* fortified		

#### FOOD SOURCES:

 100% Purchased (domestic)
 0% In-kind (domestic)

 0% Purchased (foreign)
 0% In-kind (foreign)

 If blank, no response was provided.
 0%

#### **ADDITIONAL INFORMATION:**

The Additional School Meal Programme began in 1971. Mechanisms to limit food waste include a marketing campaign to reduce how much food students throw away.

# BOARDING SCHOOL MEAL PROGRAMME

Lead implementer(s): Ministry of Education, Ministry of Health

#### **OBJECTIVES:**

- To meet educational goals
- To provide a social safety net
- To meet nutritional and/or health goals

#### **MODALITIES OF PROVIDING STUDENTS WITH FOOD:**

In-school meals

#### **FREQUENCY AND DURATION:**

• 7 days per week during the school year

#### **TARGETING:**

Universal (students of boarding schools)

#### HOW MANY STUDENTS RECEIVED SCHOOL FOOD IN 2020 SCHOOL YEAR?

School level	# Students	% Girls	% Boys
Pre-school	0	-	—
Primary school	0	-	_
Secondary school	333,308	-	-
Total	333,308	-	-

#### **FOOD AND BEVERAGE ITEMS:**

Grains, cereals	Green, leafy vegetables	Sugar
Dairy products	Other vegetables	Dairy milk
Eggs	Fruits	Fruit Juice
Meat	Oil	Water
Fish	Salt	
* fortified		

#### **FOOD SOURCES:**

100%	Purchased	(domestic)
0% Pu	rchased (fo	reign)

If blank, no response was provided.

#### **ADDITIONAL INFORMATION:**

The Boarding School Meal Programme began in 1974. Mechanisms to limit food waste include a marketing campaign to reduce how much food students throw away.

0% In-kind (domestic)

0% In-kind (foreign)

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# **PRE-SCHOOL MEAL PROGRAMME**

Lead implementer(s): Ministry of Education and Ministry of Health

#### **OBJECTIVES:**

• To meet nutritional and/or health goals

#### **MODALITIES OF PROVIDING STUDENTS WITH FOOD:**

In-school meals

#### FREQUENCY AND DURATION:

• 5 times per week during the school year

#### TARGETING:

Universal (all public pre-schools)

# HOW MANY STUDENTS RECEIVED SCHOOL FOOD IN 2020 SCHOOL YEAR?

School level	# Students	% Girls	% Boys
Pre-school	215,641	-	-
Primary school	0	-	-
Secondary school	0	-	-
Total	215,641	-	-

#### FOOD AND BEVERAGE ITEMS:

Grains, cereals	Poultry	Salt
Legumes, pulses, nuts	Fish	Sugar
Dairy products	Green, leafy vegetables	Dairy milk
Eggs	Fruits	Fruit Juice
Meat	Oil	Water
* fortified		

#### FOOD SOURCES:

 100% Purchased (domestic)
 0% In-kind (domestic)

 0% Purchased (foreign)
 0% In-kind (foreign)

 If blank, no response was provided.
 0%

# ADDITIONAL INFORMATION:

The Pre-School Meal Programme began in 1994 and operates in all public pre-schools. Although the Ministry of Education Malaysia does not financially support school meals in private pre-schools, school feeding activities in private schools are closely monitored.

