SCHOOL MEAL/FEEDING PROGRAM(S)

Most recently completed school year: September 2018 - July 2019 (190 school days)

National School Meals Program:

- School Nutrition Programme (SNP) Trinidad
- School Feeding Programme Tobago

Lead Agency: Ministry of Education

NATIONAL LAWS, POLICIES, AND STANDARDS

National school feeding policy Nutrition Food safety Agriculture ☐ Private sector involvement

Line item in the national budget... ✓ Yes □ No □ NR



INFRASTRUCTURE

Most of schools in Trinidad have electricity, piped water, clean water, and flush toilets. Some schools had kitchens and very few have dedicated eating areas/cafeterias. All the toilets are gender-private. School meals were prepared off-site in private kitchens (caterers). Secondary Schools at which Food and Nutrition is taught have kitchens. These are not used in the school feeding programme.

MEALS/SNACKS/MODALITY

	Lunch Dinner	Take-home rations Conditional cash transfe
V	Grains/cereals Roots, tubers Legumes and nuts Dairy products Eggs Meat Poultry	Fish Green, leafy vegetables Other vegetables Fruits Oil Salt Sugar

Prohibited food items: Sugar sweetened beverages for health related reasons

FOOD SOURCES

Dunglifort

V	Purchased (domestic)	In-kind (domestic)
	Purchased (foreign)	In-kind (foreign)

COMPLEMENTARY ACTIVITIES

Handwashing with soap	Hearing testing/treatment
Height measurement	Dental cleaning/testing
Weight measurement	Menstrual hygiene
Deworming treatment	Drinking water
Eye testing/eyeglasses	Water purification
	•

COMPLEMENTARY EDUCATION PROGRAMS

EDUCATION

- Nutrition
- ✓ Health
- Food and agriculture
- **☑** Reproductive health
- Hygiene
- **HIV** prevention
- **■** = mandatory

OTHER

- ✓ School gardens
- Physical education

The checked and highlighted items are reported as required, though they may not be uniformly implemented.



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THE REPUBLIC OF **Trinidad** and Tobago





SCHOOL MEAL PROGRAMS

CHILDREN RECEIVING FOOD, 2018-19

School level	Total #	# Enrolled	# Receiving Food
Primary school	129,253	119,366	54,915
Secondary school	92,712	74,501	16,557
Total	221,965	193,867	71,472





Total number primary and secondary school-age children: 221.965

Receiving school food: 71,472

32%

Food was also provided to some students in

- ✓ Pre-schools ☐ Vocational/trade schools
- ☐ University/higher education
- Other: Schools for the differently abled / Special Schools

NUTRITION

School	feeding	program(s) inc	lude/	'involv	e the	fol	lowina	•

V	Fortified foods
	Bio-fortified foods
	Micronutrient supplements
	Nutritionists involved
	Special training for cooks/caterers in nutrition
V	Objective to meet nutritional goals
V	Objective to meet educational goals
V	Objective to provide a social safety net
	Objective to reduce obesity
	•

Food items fortified:

Grains/cereals, Dairy products (milk, yogurt, cheese), salt

Micronutrients added to fortified foods:

Iron, Iodine and Vitamins A, D

SPECIAL NOTES

The data presented is only for Trinidad program.

Budget falls under the Ministry of Education, Sub Item — National Schools' Dietary Services Limited (NSDSL). National Schools' Dietary Services Limited (NSDSL) — The state owned limited liability company with the responsibility of managing the School Nutrition Programme (SNP) in Trinidad.

AGRICULTURE, EMPLOYMENT, AND COMMUNITY PARTICIPATION

Jobs created by school feeding programs

	, , ,			
375	Cooks and food preparers			
150 Transporters				
NR	Off-site processors			
375	Food packagers and handlers			
NR	Monitoring			
13	Food service management			
34	Safety and quality inspectors			
NR	Other			
Farmers were	involved with the school feeding program(s)			
✓ Yes □ N	o 🗆 NR			
Other private	sector (for profit) actors were involved			
☑ Yes □ No □ NR				
There was a focus on creating jobs or leadership or income-generating opportunities for				
✓ Women✓ Youth✓ Other groups				
There was community engagement (by parents or others) in the school feeding program(s)				
✓ Yes □ N	o 🗆 NR			

CONTACTS: COUNTRY NAME

Agency: Director of Educational Planning

Website: Ministry of Education Email: https://www.moe.gov.tt/

SUCCESSES AND CHALLENGES

Success:

- Banning of sugar sweetened beverages in the school cafeterias as well as in the School Nutrition Programme (SNP), from Sept 2017. Introduction of water as the only drink offered on the SNP.
- (ii) Setting up a department of Agriculture to build greater linkages with the farmers and other stakeholders to ultimately increase the amount of local produce used on the programme.
- (iii) Expansion of the Nutrition Education Department to ensure the proper dissemination of nutrition education.

Challenges:

- i) Financial Constraints,
- (ii) Eating patterns among children, and
- (iii) Increasing rate of non-communicable diseases (NCDs).

STUDIES CONDUCTED

- (i) Consumption Survey and
- (ii) PhD in Human Ecology (UWI) "An investigation into the barriers, enablers, costs and nutritional quality of lunches consumed by children attending primary schools in Trinidad".

RESEARCH NEEDED

- (i) National Consumption Survey and
- (ii) Research to inform a National Food & Nutrition Policy



SCHOOL NUTRITION PROGRAMME (SNP) TRINIDAD

Lead implementer(s): National Schools' Dietary Services Limited (NSDSL) — The state owned limited liability company with the responsibility of managing the School Nutrition Programme (SNP) in Trinidad.

OBJECTIVES:

- To meet educational goals
- To provide a social safety net
- To meet nutritional and/or health goals

MODALITIES OF PROVIDING STUDENTS WITH FOOD:

· In-school meals

TARGETING:

Individual student characteristics

HOW MANY STUDENTS RECEIVED SCHOOL FOOD IN 2018-19 SCHOOL YEAR?

School level	# Students	% Girls	% Boys
Pre-school	6,534	_	_
Primary school	54,915	-	_
Secondary school	16,557	_	_
Vocational school	1,151	_	_
Other: Schools for th	e differently abled / S _l	pecial Schools	5
	878	_	_
Total	80,035	-	-

FOOD ITEMS:

Grains/cereals* Fish Fruits
Legumes & nuts Dairy products* Oil
Roots/tubers Eggs Sugar
Meat Green leafy vegetables Poultry

Fruits
Oil
Sugar
Sugar
Salt*

FOOD SOURCES:

Yes - Purchased (domestic) 0% In-kind (domestic) 0 - Purchased (foreign) 0% In-kind (foreign)

NOTES:

School meals were prepared off-site in private kitchens (caterers). This school feeding program purchased 100% of the food.



^{*} fortified