SCHOOL MEAL/FEEDING PROGRAM(S)

Most recently completed school year: March 2018 – December 2018 (180 school days)

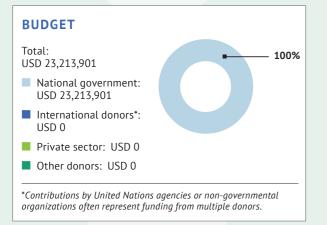
- 1. Complementary School Food Program (Programa de Alimentación Complementaria Escolar, or P.A.C.E.)
- 2. Grain Program for School Lunch (Programa de Granos para el Almuerzo Escolar)

Lead Agency: Ministry of Education (Ministerio de Educación)

NATIONAL LAWS, POLICIES, AND STANDARDS

- **Mational school feeding policy**
- **Mutrition**
- Food safety
- Aqriculture
- Private sector involvement

Line item in the national budget... 🗹 Yes 🗌 No 🗌 NR



INFRASTRUCTURE

Some (but not all) schools have electricity, piped water, flush toilets, cafeterias, and kitchens. School meals are prepared on-site, while school snacks are both prepared on-site and procured in processed form.

SPECIAL NOTES

Some UNESCO data was used to complete this report.

MEALS/SNACKS/MODALITY

Breakfast Lunch Dinner	Snacks Take-home rations Conditional cash transfer
Grains/cereals Roots, tubers Legumes and nuts Dairy products Eggs Meat Poultry	Fish Green, leafy vegetables Other vegetables Fruits Oil Salt Sugar

Prohibited food items: Artificial condiments, meats with excess fat, sausages

FOOD SOURCES

Purchased (domestic)Purchased (foreign)

In-kind (domestic)In-kind (foreign)

Hearing testing/treatment

Dental cleaning/testing

Menstrual hygiene

Drinking water

□ Water purification

School gardens

Physical education

COMPLEMENTARY ACTIVITIES

- Handwashing with soap
- Height measurementWeight measurement
- Weight measurementDeworming treatment
- Eve testing/eveglasses
- **COMPLEMENTARY EDUCATION PROGRAMS**

OTHER

EDUCATION

- Nutrition
- Health
- Food and agriculture
- Reproductive health
- HygieneHIV prevention

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The checked and highlighted items are reported as required, though they may not be uniformly implemented.



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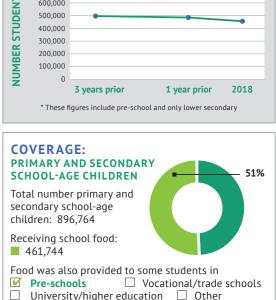
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SCHOOL MEAL PROGRAMS

CHILDREN RECEIVING FOOD, 2018							
School level	Total #	# Enrolled	# Receiving Food				
Primary school	462,628	408,961	399,991				
Secondary school	434,136	344,790	N/A				
Total	896,764	753,751	461,744				
700,000 600,000 500,000 400,000		•					



NR = No Response

NUTRITION

School feeding program(s) include/involve the following:

Fortified foods

- □ Bio-fortified foods
- □ Micronutrient supplements
- **V** Nutritionists involved
- □ Special training for cooks/caterers in nutrition
- **Objective to meet nutritional goals**
- **Objective to reduce obesity**

Food items fortified:

Grains and dairy products

Micronutrients added to fortified foods:

Iron, Vitamin A, Iodine, Zinc, Folate, Vitamin B12, Thiamine, Riboflavin, Niacin, Vitamin B6, Calcium, and others

ADDITIONAL INFORMATION

18 nutritionists are involved in school feeding programs in Panama. To mitigate overweight/obesity, P.A.C.E. incorporates education programs on health, nutrition, and food, as well as physical education, while the Grain Program includes nutritional requirements for school meals and food restrictions on or near school grounds.

AGRICULTURE, EMPLOYMENT, AND COMMUNITY PARTICIPATION

Jobs created by school feeding programs

- NR Cooks and food preparers
- NR Transporters
- NR Off-site processors
- NR Food packagers and handlers
- 50 Monitoring
- NR Food service management
- NR Safety and quality inspectors
- NR Other

Farmers were involved with the school feeding program(s)...

🗆 Yes 🗹 No 🗆 NR

Other private sector (for profit) actors were involved...

🗹 Yes 🗌 No 🗌 NR

There was a focus on creating jobs or leadership or income-generating opportunities for...

□ Women

- Youth
- □ Other groups

There was community engagement (by parents or others) in the school feeding program(s)

🗹 Yes 🗌 No 🗌 NR

ADDITIONAL INFORMATION

The Grain Program meals are prepared by three cooks per school per day, though these are usually volunteer positions.

CONTACTS: PANAMA

Agency: Ministry of Education Website: www.meduca.gob.pa Email: NR

SUCCESSES AND CHALLENGES

School feeding programs in Panama have been associated with a reduction in the number of children dropping out of school, a decrease in child malnutrition, and improved eating habits. The programs are supported by national legislation, draw (mostly) from domestic production, and include food items that have been fortified with vitamins and minerals.

Challenges associated with school feeding include cumbersome bureaucratic processes, along with some challenges raised by bidding companies. The limited budget is also considered to be a challenge.

STUDIES CONDUCTED

None specified

RESEARCH NEEDED

Impact evaluation of Programa de Granos Para el Almuerzo Escolar (the Complementary School Food Program)

COMPLEMENTARY SCHOOL FOOD PROGRAM PROGRAMA DE ALIMENTACIÓN COMPLEMENTARIA ESCOLAR (P.A.C.E.)

Lead implementer(s): Ministry of Education

OBJECTIVES:

- To meet educational goals
- To meet nutritional and/or health goals
- To prevent or mitigate obesity
- To meet agricultural goals

MODALITIES OF PROVIDING STUDENTS WITH FOOD:

 In-school snacks provided four times per week during the school year (9 months)

TARGETING:

Pre-schools and primary schools; the law indicates who will be the program beneficiaries.

HOW MANY STUDENTS RECEIVED SCHOOL FOOD IN 2018 SCHOOL YEAR?

School level	# Students	% Girls	% Boys
Pre-school	63,261	-	_
Primary school	373,789	-	_
Secondary school	NR		
Total	437,050	-	_

FOOD ITEMS:

Grains/cereals* Dairy products*
* fortified

FOOD SOURCES: Yes - Purchased (domestic) Yes - Purchased (foreign)

0 - In-kind (domestic) 0 - In-kind (foreign)

NOTES:

Food items in P.A.C.E. are fortified with vitamins and minerals. A majority of the food is procured in packaged/processed form, and it is generally sourced from large-scale food companies. Private companies are involved in food trading, food processing, and transport.

GRAIN PROGRAM FOR SCHOOL LUNCH PROGRAMA DE GRANOS PARA EL ALMUERZO ESCOLAR

Lead implementer(s): Ministry of Education

OBJECTIVES:

- To meet educational goals
- To meet nutritional and/or health goals
- To prevent or mitigate obesity

MODALITIES OF PROVIDING STUDENTS WITH FOOD:

 In-school meals provided three times per week for six months of the year

TARGETING:

- Individual student characteristics
- Indigenous, rural, and marginalized urban schools are targeted

HOW MANY STUDENTS RECEIVED SCHOOL FOOD IN 2018 SCHOOL YEAR?

School level	# Students	% Girls	% Boys
Pre-school	37,139	_	-
Primary school	399,911	-	-
Secondary school	N/A		
Total	437,050	-	-

FOOD ITEMS:

Grains/cereals*
* fortified

FOOD SOURCES:

0% Purchased (domestic) 100% Purchased (foreign) 0% In-kind (domestic) 0% In-kind (foreign)

NOTES:

School meals are prepared on-site; approximately 80% of participating schools have on-site kitchens, and students' families are involved in food preparation. Small-scale companies are able to competitively compete for bids. However, this program experienced a serious funding deficit in the 2018 school year.