SCHOOL MEAL/FEEDING PROGRAM(S)

Most recently completed school year: August 2018 - May 2019 (184 school days)

Food Service Program

Lead Agency: Ministry of Education

NATIONAL LAWS, POLICIES, AND STANDARDS

National school feeding policy

✓ Nutrition

Food safety

Agriculture

Private sector involvement

Line item in the national budget...

✓ Yes □ No □ NR

BUDGET Total: 100% USD 846.000 National government: USD 846,000 International donors*: USD 0 Private sector: USD 0 Other donors: USD 0 *Contributions by United Nations agencies or non-governmental organizations often represent funding from multiple donors.

INFRASTRUCTURE

Most schools have electricity, piped water, clean water, flush toilets, dedicated eating spaces/cafeterias, and all have on-site kitchens. Very few schools have latrines.

SPECIAL NOTES

Private schools are not included in this report for topics such as enrollment and students receiving food; some data used in the report is from the "2015 census: Population, Housing and Agriculture", published by the Office of Planning and Statistics Bureau of Budget and Planning, Republic of Palau.

MEALS/SNACKS/MODALITY

☐ Breakfast Snacks **✓** Lunch Take-home rations

Dinner

Fish

Roots, tubers Legumes and nuts **Dairy products**

☑ Grains/cereals

Eggs Meat **Poultry**

V

Green, leafy vegetables Other vegetables

Conditional cash transfer

Fruits V Oil V Salt

✓ Sugar

Prohibited food items: Sweet drinks and canned meat.

FOOD SOURCES

Purchased (domestic)

☑ In-kind (domestic)

✓ Purchased (foreign) ✓ In-kind (foreign)

COMPLEMENTARY ACTIVITIES

✓ Handwashing with soap **☑** Height measurement

Weight measurement Deworming treatment

☐ Eye testing/eyeglasses ☐ Hearing testing/treatment ☐ Dental cleaning/testing

Menstrual hygiene Drinking water **✓** Water purification

COMPLEMENTARY EDUCATION PROGRAMS

EDUCATION

Nutrition

✓ Health

Food and agriculture

Reproductive health

Hygiene

IV HIV prevention

= mandatory

OTHER

School gardens

Physical education

The checked and highlighted items are reported as required, though they may not be uniformly implemented.

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GCNF is a non-political, non-profit entity. Funding for this survey and a follow-up survey in 2021 is provided, in part, by the United States Department of Agriculture; agreement number FX18TA-10960G002.

REPUBLIC OF

Palau





SCHOOL MEAL PROGRAMS

CHILDREN RECEIVING FOOD. 2018/19

School level	Total #	# Enrolled	# Receiving Food
Primary school	1,973	1,729	1,729
Secondary school	982	535	535
Total	2,955	2,264	2,264





pre-schools ☐ vocational/trade schools

☐ University/higher education ☐ Other

NUTRITION

School feeding program(s) include/involve the following:

V	For	tifi	ed	fo	ods

☐ Bio-fortified foods

☐ Micronutrient supplements

Nutritionists involved

Special training for cooks/caterers in nutrition

Objective to meet nutritional goals

☑ Objective to reduce obesity

Food items fortified:

Dairy

Micronutrients added to fortified foods:

Calcium

ADDITIONAL INFORMATION

Two volunteer nutritionists were involved in the program. Training for cooks included cooking skills, nutrition, menu planning, food safety and hygiene, and portions/ measurements. To mitigate obesity the following strategies were used in the Palau program: food and nutrition education, health education, physical education, and some food restrictions on/near school grounds.

AGRICULTURE, EMPLOYMENT, AND COMMUNITY PARTICIPATION

Jobs created by school feeding programs

31 Cooks and food preparers

2 Transporters

Off-site processors

• Food packagers and handlers

NR Monitoring

1 Food service management

Safety and quality inspectors

2 Other

Farmers were involved with the school feeding program(s)...

🗹 Yes 🗌 No 🗌 Ni

Other private sector (for profit) actors were involved...

✓ Yes □ No □ NR

There was a focus on creating jobs or leadership or income-generating opportunities for...

V	Women
	Youth

Other groups

There was community engagement (by parents or others) in the school feeding program(s)

Yes	☐ No	□NR

ADDITIONAL INFORMATION

The competitive tendering procedures for the program gave preferential treatment for small-scale farmers/small farmer organizations/small companies. School-meals were prepared on school grounds. Mechanisms for limiting food waste included: sealed food storage, fumigation/pest control and processes for using usable but "imperfect" commodities or produce. Re-use of bags/containers and recycling were actions employed to limit packaging waste.

CONTACTS: PALAU

Agency: Ministry of Education

Website:

https://www.palaugov.pw/executive-branch/ministries/education/

Email: N/A

SUCCESSES AND CHALLENGES

Positive developments reported for the Palau program include:

- Canned meats were replaced with frozen or fresh meat
- Fruit and vegetable portions increased from none or less than 1/4 cup of vegetables to half or 1 cup of fruits and vegetables now
- Increased number of staff
- More training for the staffs and cooks

Strengths include:

- Sustainable local farms
- Consistent international support (examples are: The Hiroshima Rotary Club provided kitchen equipment, the Japan-Palau Society and ICDF provided some funding; ICDF and JICA provided nutritionists)
- Strong Management Team

Major setbacks and challenges reported for the program:

- Budget
- Lack of professionally-trained cooks
- Lack of communication between the central office and each school
- Lack of healthy eating practices in homes, meaning that students are unused to—and even opposed to—eating vegetables

STUDIES CONDUCTED

None

RESEARCH NEEDED

Relations between students' health and the school lunch program



FOOD SERVICE PROGRAM

Lead implementer(s): Ministry of Education

OBJECTIVES:

- To meet nutritional and/or health goals
- To prevent or mitigate obesity

MODALITIES OF PROVIDING STUDENTS WITH FOOD:

· In-school meals

TARGETING:

Universal & Geographic

HOW MANY STUDENTS RECEIVED SCHOOL FOOD IN 2018/19 SCHOOL YEAR?

School level	# Students	% Girls	% Boys
Pre-school	N/A		
Primary school	1,729	48%	52%
Secondary school	535	50%	50%
Total	2,264	-	-

FOOD ITEMS:

Grains/cereals	Fish	Roots/tubers
Dairy products*	Fruits	Sugar
Poultry	Green, leafy vegetables	Oil
Meat	Other, vegetables	Salt
fortified	_	

FOOD SOURCES:

2% In-kind (domestic)

5% In-kind (foreign)

93% Purchased (foreign and domestic)

NOTES:

Palau has a policy of no snacks and water only for the program; any sweet is not allowed at schools, except on special occassions.

